

Eliza S. Tollett
www.TheBalletSpot.com
617-281-0548 mobile ♦ esherlock.lewis@gmail.com

TEACHING EXPERIENCE

- **The Ballet Spot, Founder – Owner – Master Instructor** Santa Monica, CA & New York, NY
 - Instructor and manager of 25+ virtual classes per week ranging from Ballet, to Barre, Stretch, Pilates Mat, and more Sept, 2017 - Present
 - Developed a unique all-levels ballet fitness program, which makes the fitness, fun, and grace of real ballet accessible to all through Zoom
 - Responsible for marketing, finances, studio management, training and mentorship of 9 instructors, and client communications
- **Greenwich House Music School, Faculty Member & Head of Ballet Program** New York, NY
 - Primary instructor and manager of the school's Ballet Program for 7 levels of children ranging from 3 to 18 years old Sept, 2018 – June, 2019
 - Choreographed, directed, costume and set designed, and produced a full length version of *Cinderella* for the spring performance
 - Created and instructed weekly adult Graceful Stretch class for adults of all experience levels
- **Brooklyn Ballet, Ballet Instructor** Brooklyn, NY
 - Developed and taught a curriculum for the Pre-Ballet Summer Program for students ages 3 to 5 April, 2016 – Aug, 2018
 - Substitute ballet teacher for Brooklyn Ballet's pre-professional conservatory, and their outreach program called Elevate
- **New England Academy of Dance, Ballet Faculty** New Canaan, CT
 - Instructor for 3 weekly ballet classes to children ages 4 to 9 following the ABT ® National Training Curriculum Sept, 2017 – June, 2018
 - Responsible for choreographing dances for each level for the spring production, and communicating class progress with other faculty members
- **Ballet Tech, Teacher and Audition Assistant** New York, NY
 - Instructor for 2- 5 auditions per week at New York City public schools to select children for the full time program April, 2016 – Dec, 2018
 - Responsible for supporting Ballet Tech's curriculum as an Assistant Teacher for weekly Intro to Ballet classes for students ages 7 to 9
- **Mini-Mix at Greenwich Academy, Ballet and Contemporary Faculty** Greenwich, CT
 - Developed a ballet technique and contemporary dance curriculum for students ages 4 to 13 April 2017 – April 2018
 - Taught 5 classes per week at Greenwich Academy's performing arts center, and choreographed end of trimester dances for each level
- **Ballet School of Stamford, Ballet Faculty** Stamford, CT
 - Developed and taught a curriculum to strengthen and prepare 6 classes of children ages 3 to 9 for classical training Sept, 2015 – Jan, 2018
 - Responsible for choreographing and coaching dances for each level for the end of the year spring production
- **New York University, Guest Ballet Instructor** New York, NY
 - Taught Intermediate/Advanced Ballet at Tisch School of the Arts, as well as Beginner Ballet through NYU Open Arts April, 2017 – June, 2017
 - Responsible for maintaining NYU's ballet curriculum emphasizing strong technique, as well as ballet history and classical variations
- **American Ballet Theatre JKO School, Assistant Ballet Instructor, Education and Training Intern** New York, NY
 - Assistant teacher for ballet classes in ABT ® Training Curriculum and rehearsal assistant for dancers ages 3 to 8 Sept, 2014 – May, 2015
 - Provided administrative support for JKO's Education Office, as well as for ABT in preparation for their 75th Anniversary Gala celebration

PROFESSIONAL BALLET EXPERIENCE

Anaheim Ballet, Anaheim, CA, 2019 – Present
Eglevsky Ballet, Long Island, NY, 2018 – Present
Brooklyn Ballet, Brooklyn, NY, 2016 – 2018
New York Theatre Ballet, New York, NY, 2015 – 2016
American Ballet Theatre, New York, NY, 2015
Richmond Ballet, Richmond, VA, 2010 – 2011

PROFESSIONAL CONTEMPORARY EXPERIENCE

DagDag Dance, Long Beach, CA 2019 – Present
C. Eule Dance, Los Angeles, CA 2019 – Present
Thomas/Ortiz Dance, New York, NY, 2014 – Present
Merce Cunningham Trust, New York, NY, 2018
Armitage Gone! Dance, New York, NY, 2014
Terpsicorps Dance Theatre, Asheville, NC, 2011

EDUCATION, CERTIFICATIONS, AWARDS

- **ABT ® National Training Curriculum Certified Teacher in Levels Pre-Primary through Level 5** June 2017
- **New York University – Tisch School of the Arts, BFA in Dance, BA in French, Cumulative GPA 3.98** May 2014
 - Received *Prix d'Excellence* at Graduation, Dean's Honor List every semester of college, and a Book Award for Academic Excellence
 - Training in ballet, modern, improvisation, partnering, composition, dance history, anatomy, music theory, and Gaga
- **Select Ballet Training:** Apprentice at North Carolina Dance Theater; Walnut Hill School for the Arts; Boston Ballet School; School of American Ballet; Miami City Ballet School; Ailey School